



**Mount Vernon College**

**Bell Cote 1974**





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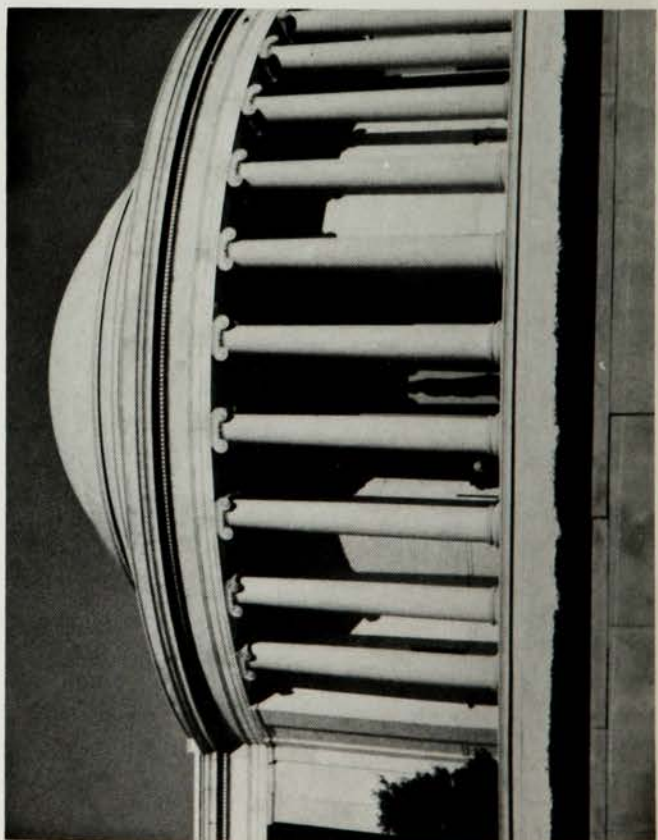
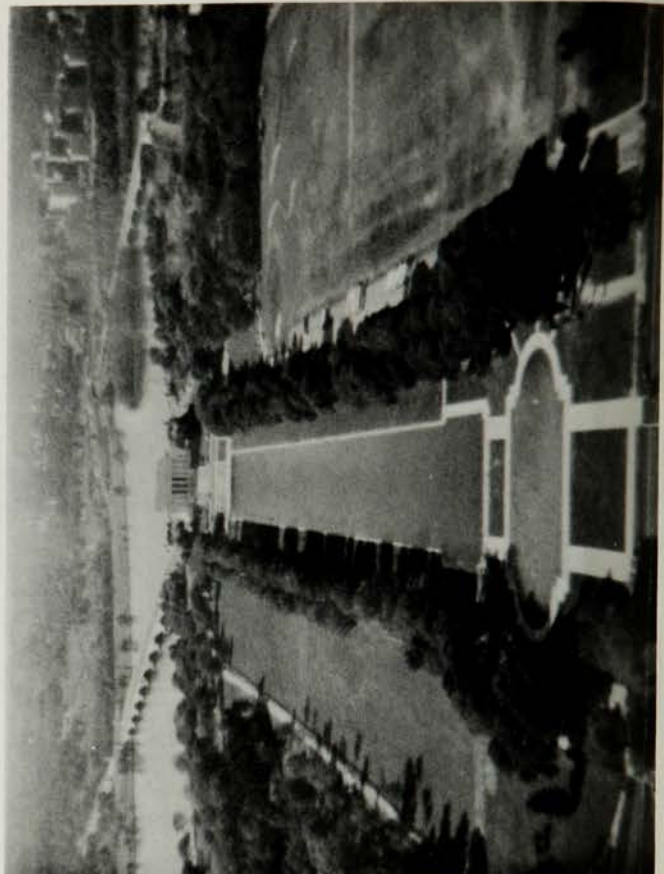
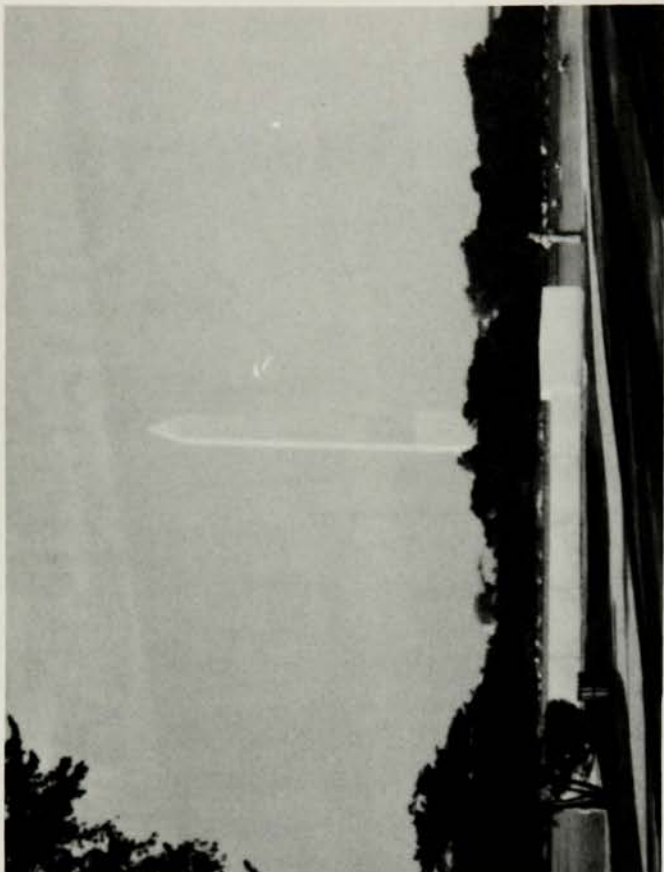
Special Collections  
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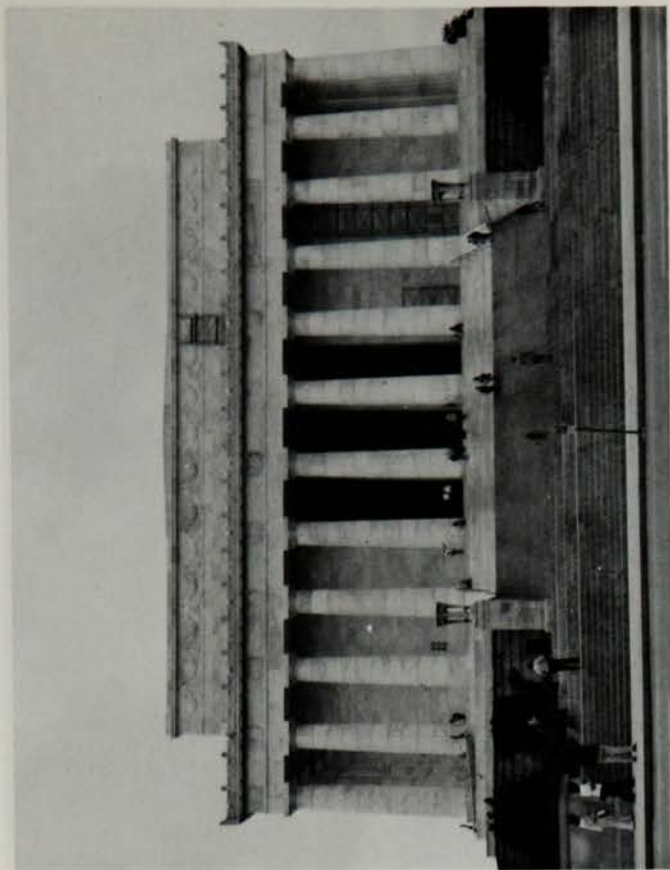
“Who are We?”

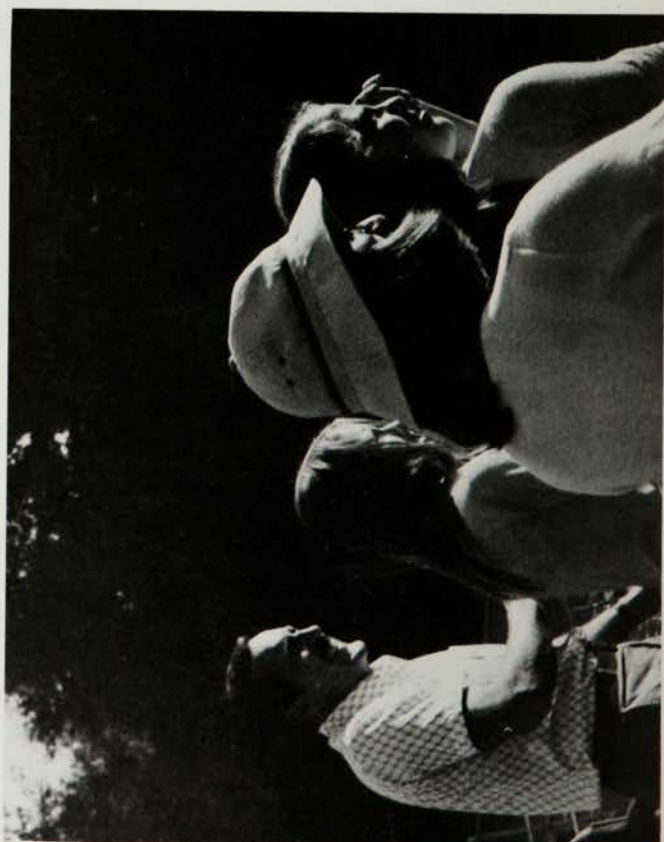
Mount Vernon College  
Bell Cote 1974

“We are ‘Women in Washington’ . . . ”











Women in Washington  
Are like Lysistrata's corps:  
Resourceful,  
Persistent,  
And Capable.

Long ago they became  
Managers of academies,  
Ministers plenipotentiary,  
Magi,  
And even managers.  
Now  
They shall overcome  
Even male chauvinists

Men,  
On the other cheek,  
Have their heads turned  
In attempting to become  
Resourceful,  
Persistent,  
And capable.

Long ago they believed in  
Entrepreneurial exclusivity.

Now,  
An imperiled species,  
They congregate in corporate gardens of concern  
To plan strategies  
For another Eden.



No matter;  
Since the fall of the apple  
Women have clothed the world  
In righteous indignation  
Having learned early  
The power of the toga  
In the cause of liberation.

Peter and Isobel Pelham  
January, 1974

# 1974 DEDICATION

with much love and affection

We may live without poetry, music, and art;  
We may live without conscience, and live without heart;  
We may live without friends; we may live without books;  
But civilized 'man' cannot live without cooks.  
'He' may live without books — what is knowledge but grieving?  
'He' may live without hope — what is hope but deceiving?  
'He' may live without love — what is passion but pining?  
But where is the 'man' that can live without dining?

Owen Meredith



Thank you. Bernette Atkinson, Dorothy Beasley, Katie Blair, Hilda Dorsey, Bessie Jenkins,  
Althea Johnson, Frida Johnson, Josephine Rodriguez, Carlota Sansoval, Rosemary Wise

# Sophomores



LIFE IS SHORT; LIVE IT UP

Barbara Gearly



Elizabeth Resales (Liz)

Mount Vernon made my absence  
from home most pleasant  
enjoyed every moment.



It's all in a frog who says  
"River"

Chun-tu Shipe is



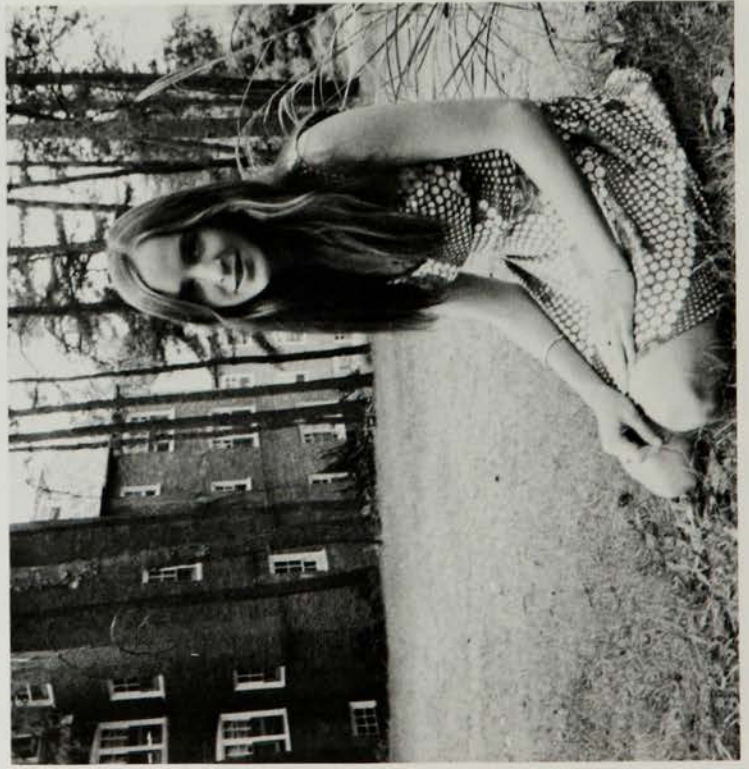
Nothing is so strong as gentleness,  
Nothing is so gentle as real strength.

of W. Francis de Sales

Howard Hall

Well now its time for me to go. Farewell  
5:30 dinner, Tuesday nights, Safeway,  
Mac Arthur Liquer store, Teachers and  
all my beautiful friends, especially  
Maggie and Cata. But I'll always  
have my happy memories, Thanks  
Mount Vernon.

Love, Jennifer



"Happy people never  
count the hours as  
they pass." Maggie



Cata Ruchel



Words Traditional



Be it ever so humble,  
there's no place like home.

— Payne

Kim-Tucker Dexter

Getting here took a long, long time  
What's your name, are you feeling fine?  
Pull up a chair; share my wine  
It's nice to have you with me

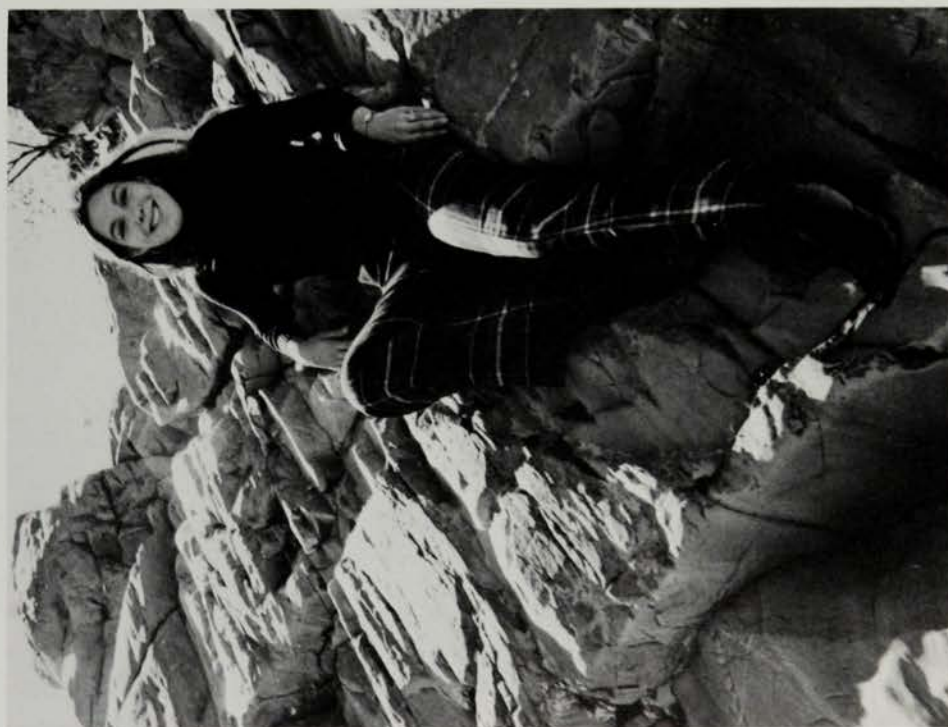
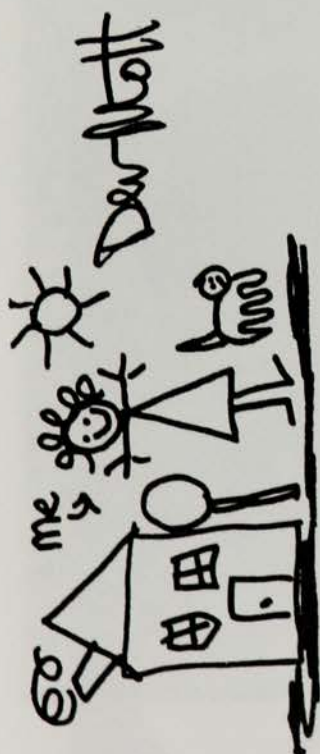
*Allyson Wisner*



No-one knows where we may end  
Move your head; I'll be your friend  
Can't you see that I'm just glad  
So glad to have you with me

*Allyson Stylstad*





Kathy Stoldt



Get in school, work hard,  
 stay there till you're through.  
 If they can make penicillin outa  
 mouldy cheese, they can make  
 something out of you.  
 Shadrach, Meshach, and Abednego By Nipsy Russell





*Aren't there two sides to every  
story. fant-Lingston McElhinn*



*you got it!*

*Award*

Tomorrow is the wine of wonder  
it teaches all there is to teach  
and if we're patient  
and we talk to one another  
there'll soon be nothing  
we can't reach.

*Margaret Schenck*



# NICE TA SEE YA

*Sara Porter*





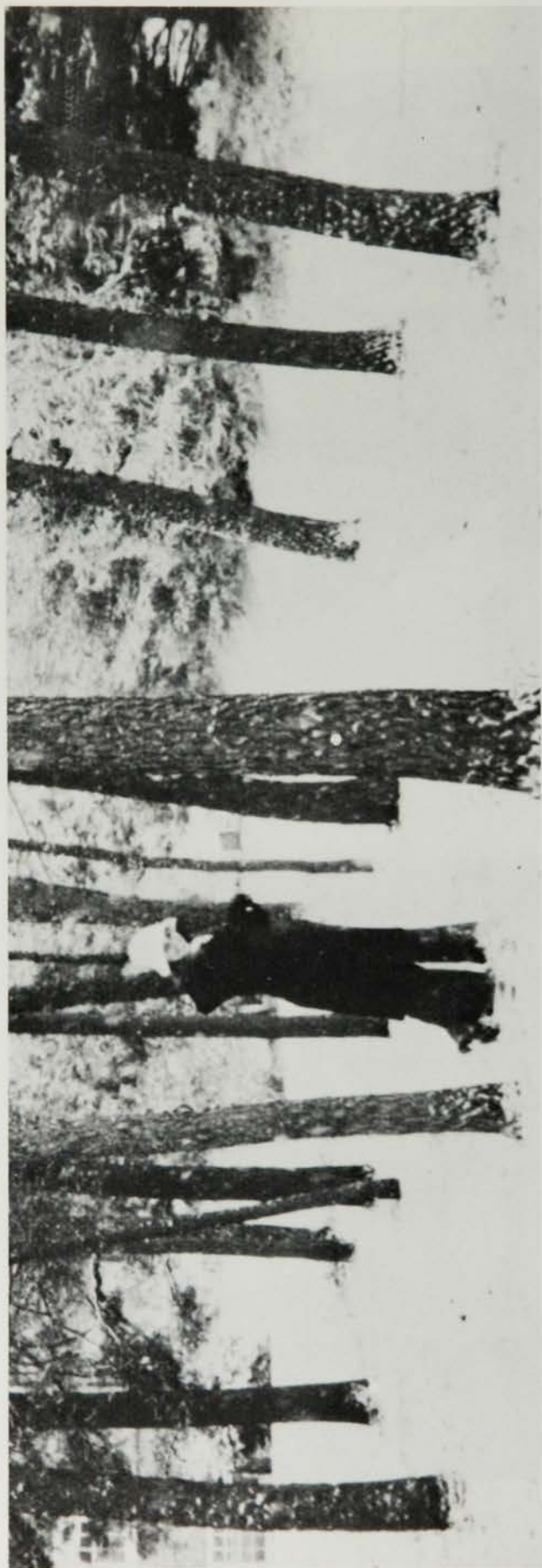
My life is drifting along  
without me..... I

Pauline Parkam Cain  
"Folky"



HUSKER DU....?  
KAREN MARGARETHE ENGELSTED  
(Do you REMEMBER....?)

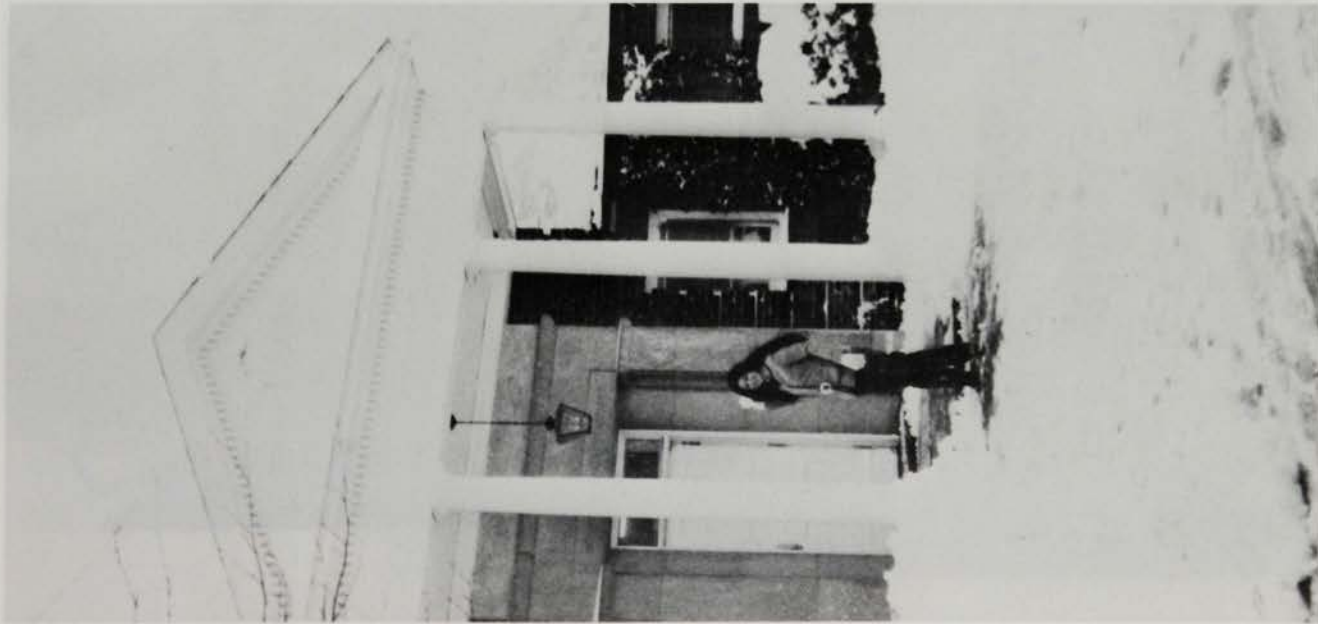




As we come marching, marching in  
the beauty of the day,  
A million darkened kitchens, a  
thousand mill lofts gray,  
Are touched with all the radiance  
that a sudden sun discloses,  
For the people hear us singing:  
"Bread and Roses! Bread and  
Roses!"







As we come marching, marching,  
we battle too for men,  
For they are women's children,  
and we mother them again.  
Our lives shall not be sweated  
from birth until life closes;  
Hearts starve as well as bodies,  
give us Bread, but give us  
Roses!

As we come marching, marching,  
unnumbered women dead  
Go crying through our singing  
their ancient cry for bread.  
Small art and love and beauty  
their drudging spirits  
knew.

Yes, it is Bread we fight for —  
but we fight for Roses, too.

As we come marching, marching,  
we bring the greater days.  
The rising of the women means the  
rising of the race.  
No more the drudge and idler —  
ten that toil where one  
reposes.  
But a sharing of life's glories:  
Bread and Roses! Bread and  
Roses!





☆ "WE ARE ALL IN THE GUTTER,  
BUT SOME OF US ARE LOOKING

AT THE STARS. . .  
Best Wishes! *Dianne* ☆



Oy Vay!

Judy Lane

Donna Marie



Nature never did  
betray the heart that  
loved her.

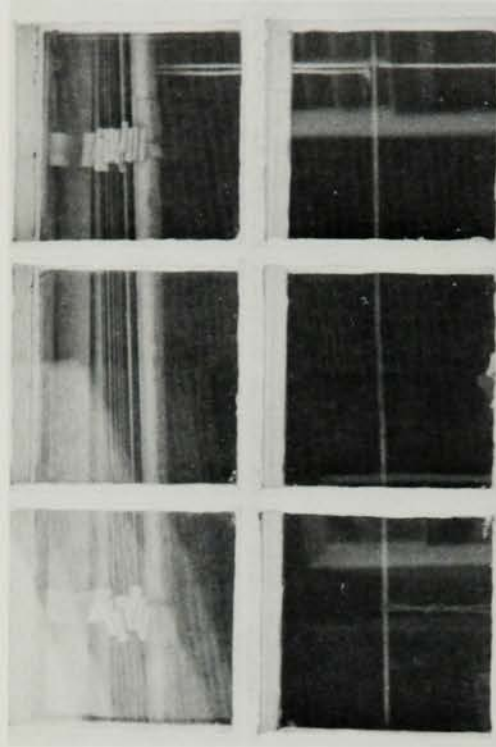
Wordsworth,  
Tintern Abbey



Jane D. McGill



If I only may grow:  
firmer, simpler—  
quieter, warmer.  
Melinda H. Elliott



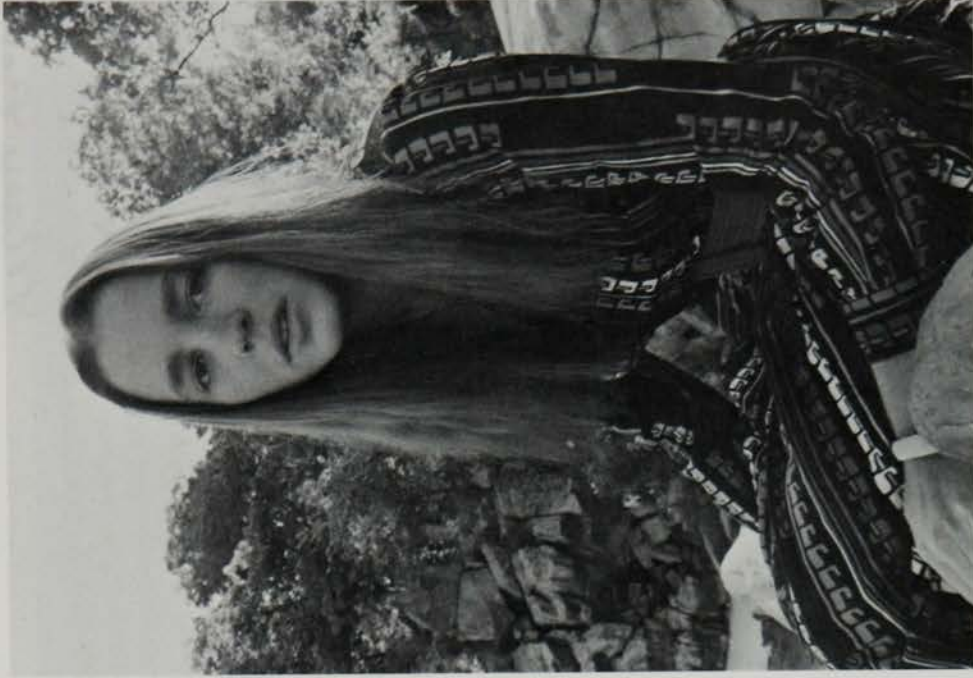
Shall I not have intelligence  
with the earth? Am I not  
partly leaves and  
vegetable mould myself?

H.D. Thoreau

Idelen McCarthy

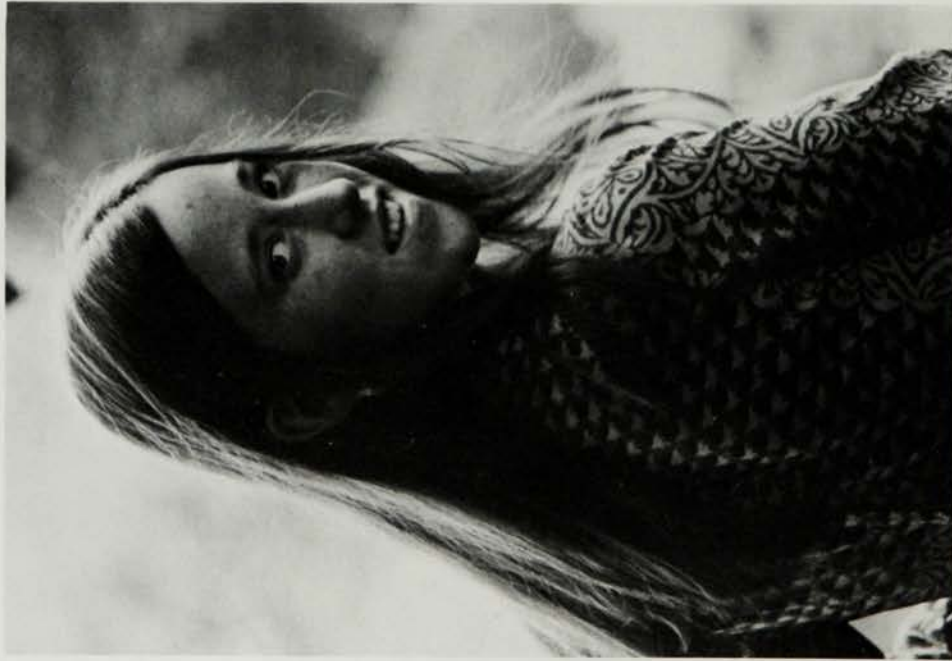


Nancy was a farmer's  
daughter, everything her  
Daddy taught her  
honestly, Amy Schaeffer



"Ever drifting down the stream  
Lingering in the golden gleam—  
Life, what is it but a dream?"

Shirley Condors



Cheerish yesterday...  
 Dream tomorrow...  
 Live today...  
 Mary Paul Hubbard



We can never say goodbye to those  
 so close to our heart, because they will  
 always be a part of us and tears we shed  
 at our departures are the first signs of  
 the memories we'll always keep. So  
 keep a smile in your heart; for then  
 we will always be together.  
 Mary Crocker.





"Life is but a dream!"

Arney Boyle



All the world is round,  
that which may seem to  
be the end might just be  
the beginning. -Unknown-  
Felicia A. Johnson



It is good to give when  
asked; but **best** to give  
unasked, through understanding.

Nancy Jenkins



...And oh I love the life  
within me, I feel a part  
of everything I see...

John Denver

Maura Seely  
'74





Give to the world the  
best you have and the  
best will come back to  
you.  
Love Julia M. Prince



Kimberly Smith





We measure time according to the movement  
of countless suns; and they measure time  
by little machines in their little pockets.  
Now tell me, how could we ever meet at  
the same place and the same time?

— Kahlil  
Gibran

Susan L. Smith



"I have no yesterdays, time took  
them away; Tomorrow may not  
be - but I have today."



Gretchen Anne Staak





Smile:

God Loves You



Patricia Bryant



Now I've been happy lately  
Thinking about Good Things to come  
And I believe it could be  
Something good has begun  
Oh I've been smiling lately  
Dreaming about the world as one  
and I believe it could be  
Some day It's going to come cause out in the  
edge of darkness There rides a peace train. CAT  
CATHY CHASE 74 STEVEN



"It is only with the heart that one can see rightly; what is essential is invisible to the eye."  
 Stella Cowley

If a man does not keep pace with his companions, perhaps it is because he hears a different drummer. Let him step to the music which he hears, however measured or far away. -  
 Dr. Phil (Duffy)







Boys will be girls and  
girls will be boys it's  
a mixed up, crazy,  
shook up world.

marion Del Prior

"there never seems  
to be enough time to  
do the things you  
want once you find them"  
Quinn O'Leary



Nothing great was ever achieved  
without enthusiasm —  
Ralph Waldo Emerson









That which we are, we are,  
 But strong in will  
 To strive, to seek, to find, and  
 not to yield. ALFRED, LORD TENNYSON  
 Mary Alice Fisher (H)

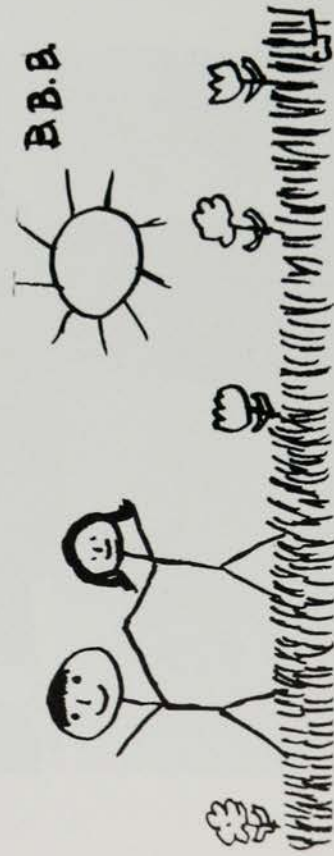


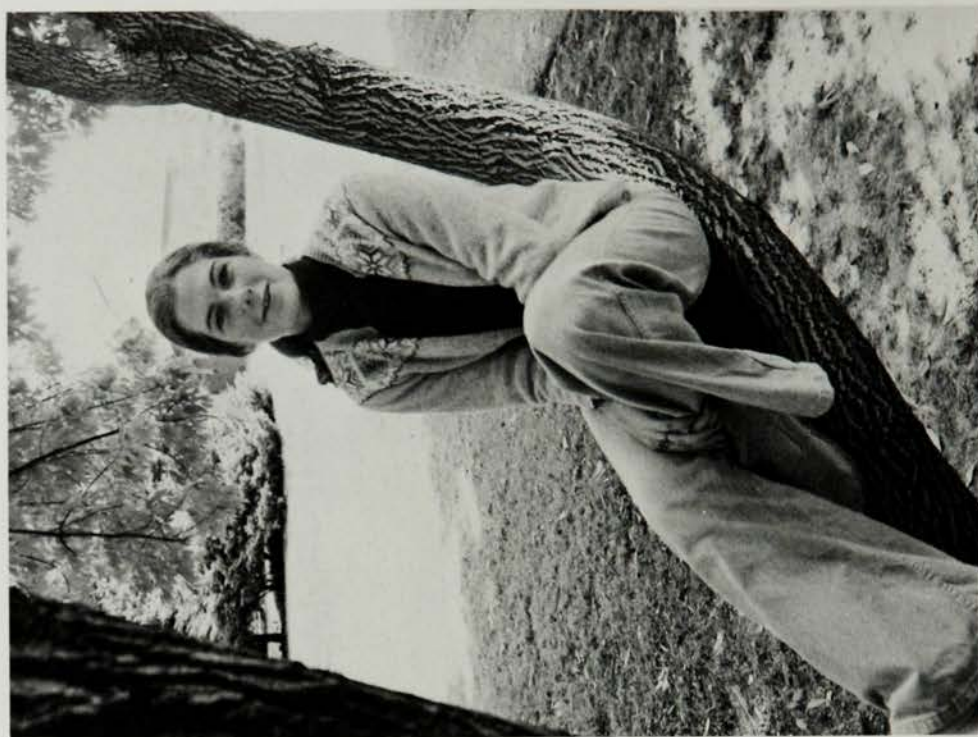
I'm going to sing my song  
 And sing it all day long  
 A song that never ends  
 How can I tell you  
 all the things inside my head.  
 Debbie Jones





Just follow the  
Yellow Brick Road ....  
S.M.L.





DEBORAH NEWELL TUCKER



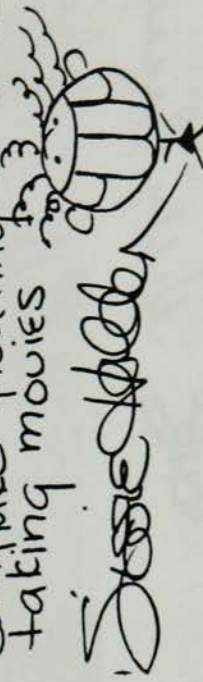


It is a hard time  
waiting for tomorrow  
John Denver

Cindy



I wish I were a tallogg  
cornflake floating in a bowl  
taking movies



Sue Ellen

Blessed are they who go  
around in circles - for  
they shall be called  
the "Big wheels."

Donna L Rieley



Take me to the "Good"....  
Leave me at the "Bumbe!"

Shelly Casan





Poppy  
 Petals  
 Fall  
 Softly,  
 Quietly,  
 Calmly  
 when they  
 Are ready  
 Etsu-jin  
 Mary  
 Gilchrist



The search is over, and  
 the journey has begun.  
 Tricia Holmes



*Peaches*

*Imagine all the people sharing all the  
world.*

*"I know you believe you under-  
stand what you think I said,  
But I am not sure you  
really that what you  
heard is not what I meant."  
Mey*





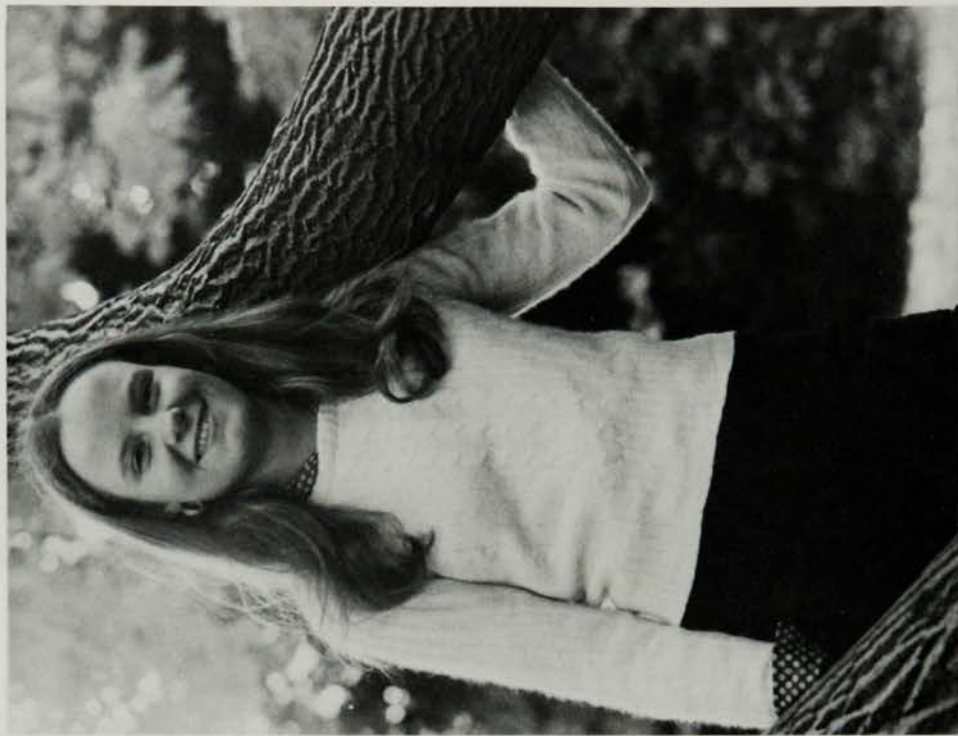


McGiss and Lance

Don't forget to  
wake me up, Mally.  
Anne



If you tell the truth,  
you don't have to  
Remember anything.  
Ann Bailey



Elizabeth Jane Franklin Farrar  
"Trinie"





Spence Jacobson

Mary Jacobson



I'm a woman  
waiting for duet time,  
And I got a lot of patience  
baby  
That's a lot of patience to lose. Same Nino





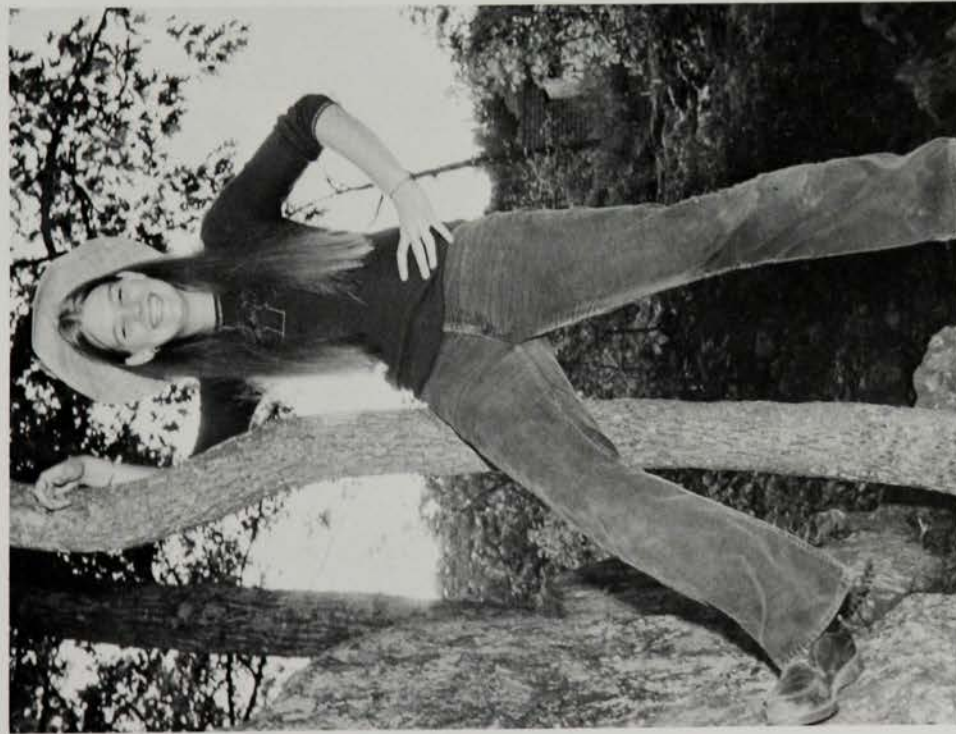
IF  
If all the world were apple  
pie, and all the sea were  
ink, and all the trees were  
bread and cheese, what  
would we have to drink?  
Korndink!

for sure, you guys, I  
am embarrassed.

Leigh McINTyre







Callie Wendling

What wisdom can you find~  
 that is greater than kindness?  
 Fear helps us survive  
 outward or inward  
 perhaps for many  
 but never stand still... K.C.

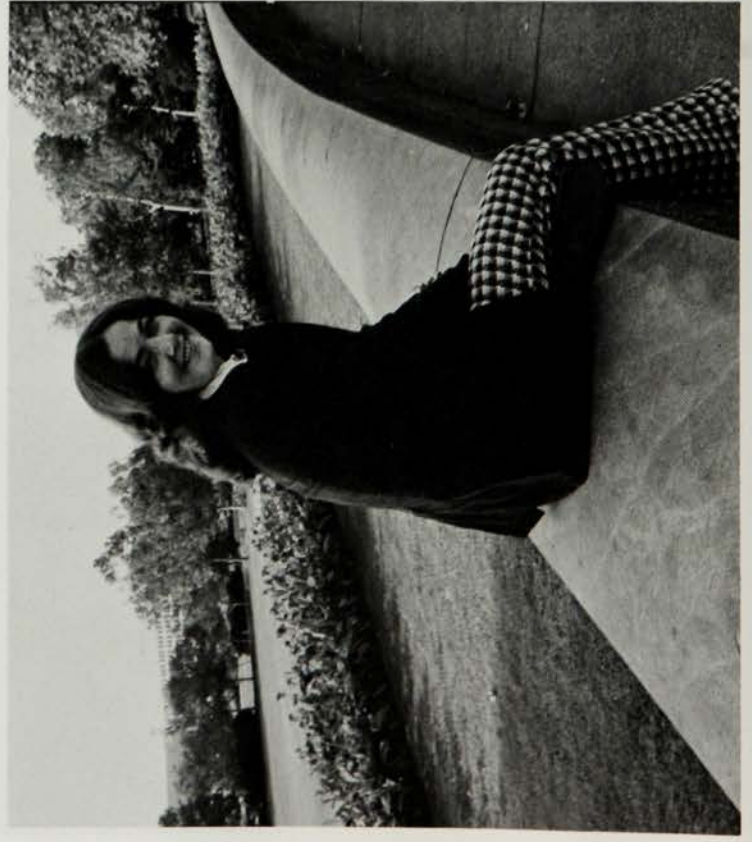








Susan Elaine Hunt



"THE SILENCE, OFTEN, OF  
PURE INNOCENCE PERSUADES  
WHEN SPEAKING FAILS"  
SHAKESPEARE

Carmelann L. Matasians



Clap your hands,  
Stamp your feet,  
Hold on to your mind.  
Wendie Hoover



I count myself in nothing else so happy  
As in a soul remembering my good  
friends. ~ Shakespeare ~

Susan C. Lynch

ASHLEY LYKES

WHITEY



For joy of people, love & life

Janet A. Phoenix







Aim for the moon, but  
search for the best.  
Maretson Varvri



"Children are the most valuable resource  
and its best hope for the future."

John Kennedy  
Debbie DePalma



If words could make wishes  
come true -

Jim Croce


Jensen Mott



Mary-pat Phillips  
Mason






 Come dance with the west wind  
 & touch on the mountain tops  
 & sail over the camps & up the  
 stars  
 And reach for the heavens &  
 & hope for the future  
 And all that we can be & not  
 what we are. LIE ROSE



"Don't tell me not to live...  
 I've simply got to."  
 Kathryn Hartman



*Linda Baker*



*I see the devils hook,  
yet cannot help nibbling  
at it's bait.*

*Lisa McCoy*





Susan Arnold



"In our sleep, pain which cannot forget  
 falls deeply drop upon the heart until, in  
 our own despair, against our will, comes  
 wisdom through the awful grace of God."  
 Auden  
 Babbalan

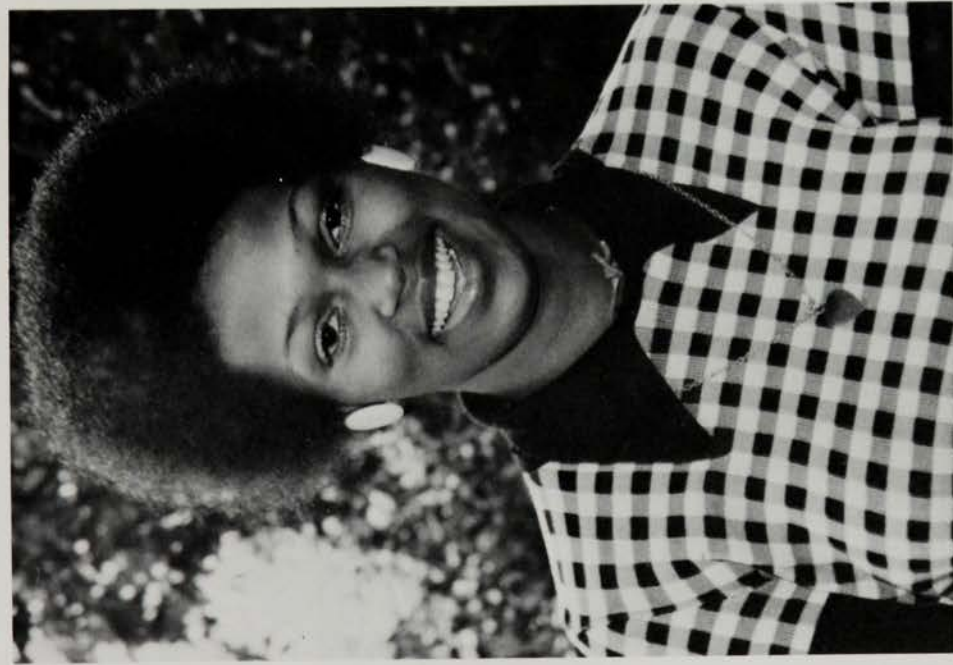
These Are The Good Old Days

Akina Okinaka



Lisa Ward





THE FIRST TIME I SAW  
LONLINESS; IT WAS JUST A  
REFLECTION, BOUNCING OFF  
THE PUPILS OF A MAN, LOOKING  
AT ME.

"What's in a name?  
that which we call a rose  
By any other word, would  
Smell as sweet."



Ann Blitgen



Ursina





Misery depresses you. Ignorance depresses you.  
Persecution depresses you. Violence depresses  
you. Slums depress you. Greed depresses you.  
Crime depresses you. Corruption depresses you.  
You know, it wouldn't surprise me if you were  
a manic-depressive!

-Joseph Heller

*Ellen Yanow*









# Focusing on Careers



Graduating BA Students —

Sherry Latimer

Suzanne Wailes

Buffy Zeller

Juniors —

Julia Brownley, Kim Gulley, Isabel Gupton,

Carol Hiering, Elizabeth Sprague,

Lynne Zamil

Advisor —

Jane Highsaw





# Internships



On Capitol Hill















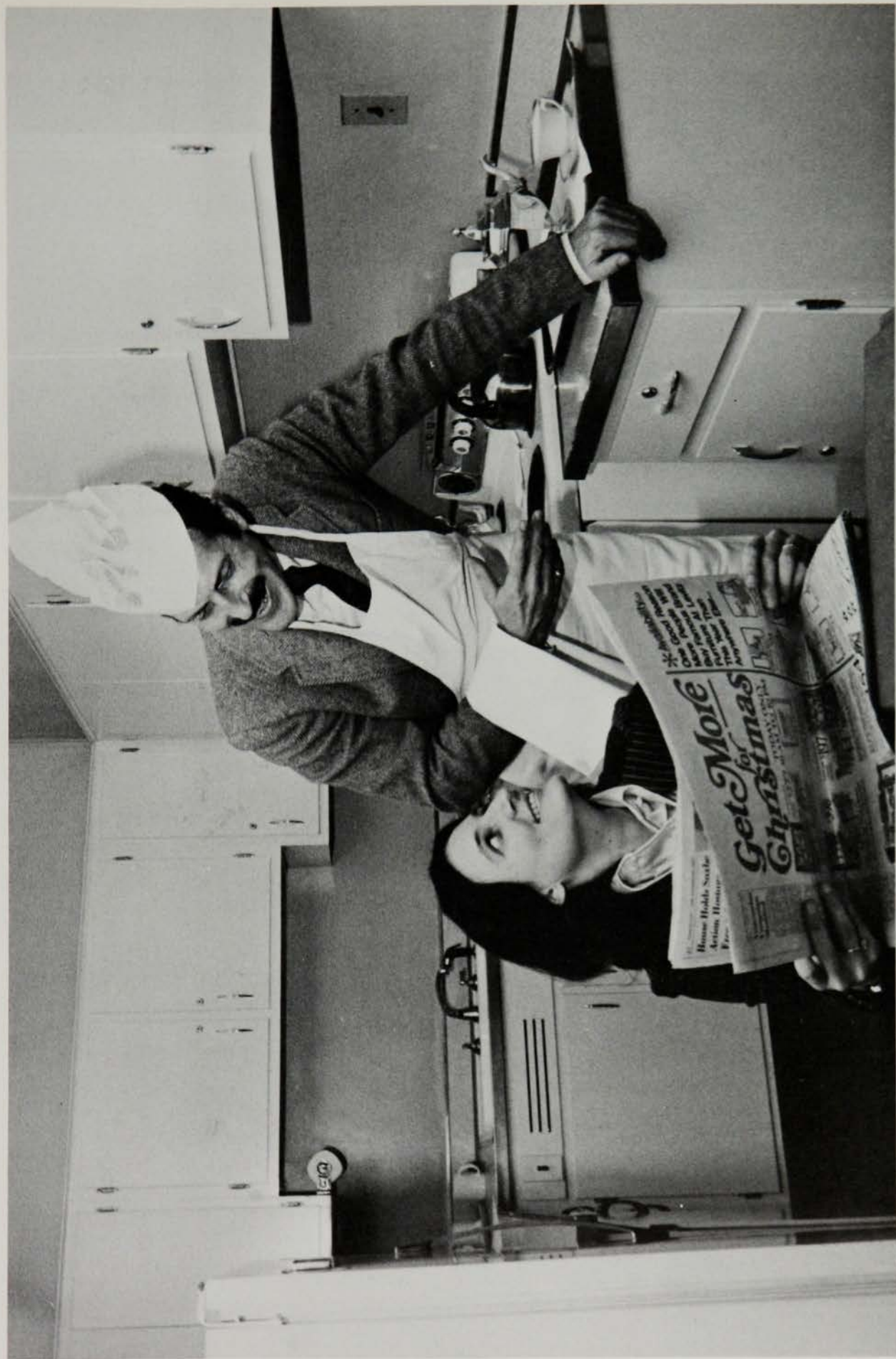


# Faculty and Staff

*Behind every successful woman*

*there is a man ...*





President Peter Pelham and Vice-President Bobbie Kilberg









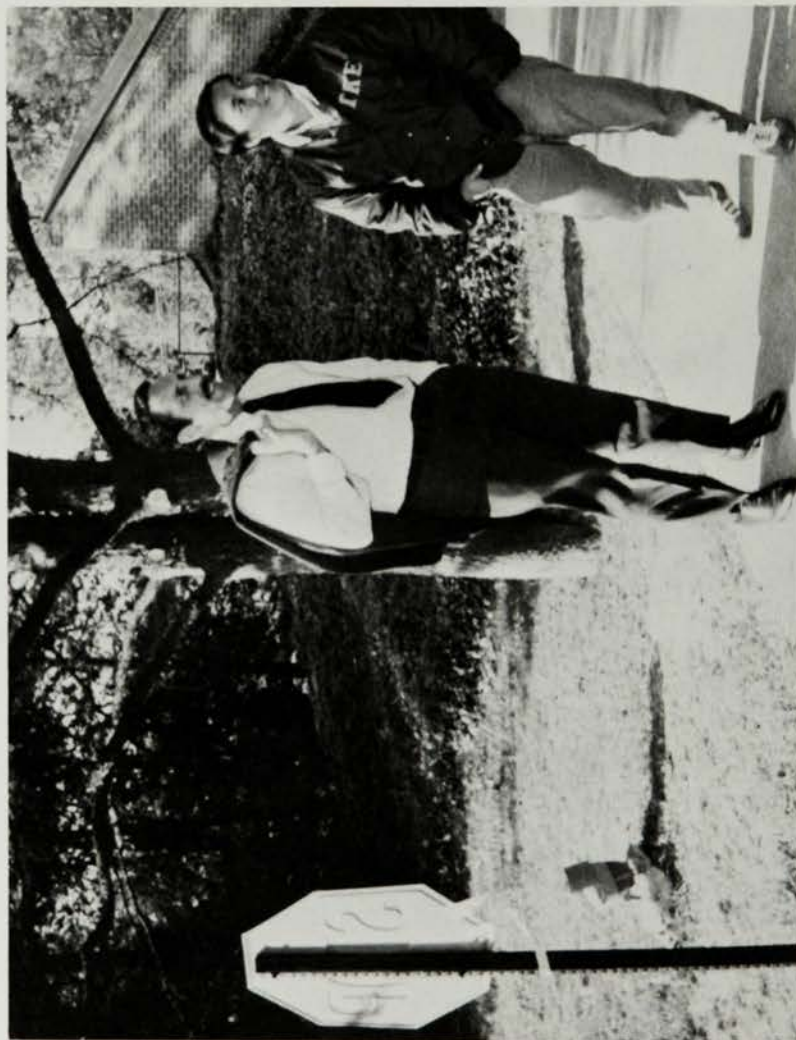








*and taking all the credit, too!*



"If You Weren't a Teacher,  
What Would You be . . . "





"a doctor"  
Janet Hollack, Physical Science



"museum worker"  
Lucile Firey, Art History



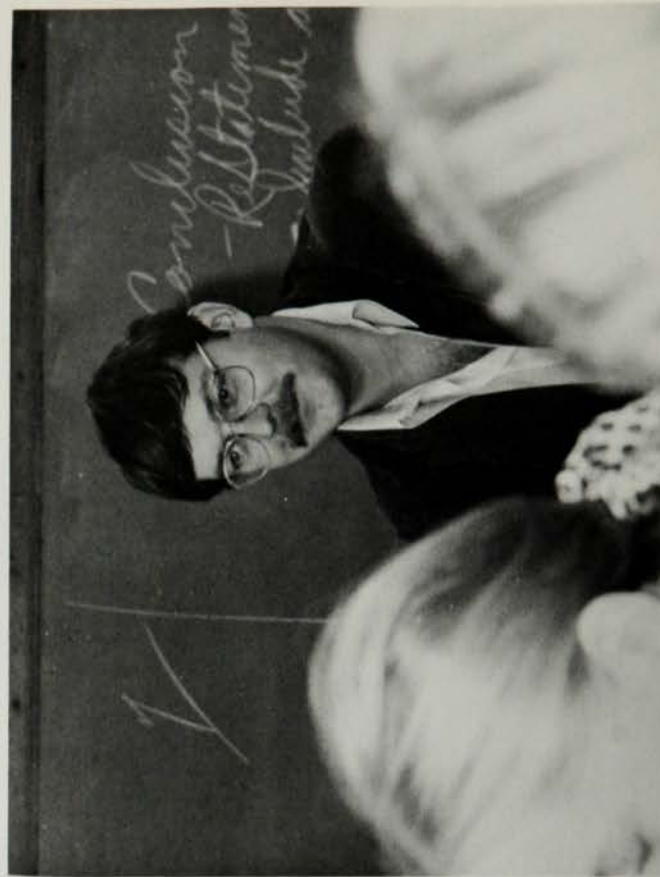
"a singer"  
Carmen Cortes, Spanish

# “What Woman in Washington do You Most Admire . . .”

“me!”  
Martha Huntington, Dean of Student Affairs



“Katherine Bidell”  
Richard Harteis, English





"Margaret Chase Smith"  
Jacqueline Buhrman,  
French



"Carmen Cortes"  
Valerie Vesser, English



"Elizabeth Cotton"  
Mark Schulman, Director of LRC

## "A Nice Evening Out



"a play or ballet at the Kennedy Center, then a late supper at home with friends." Veronica McLaughlin, Interior Design.



"theater at the Kennedy Center followed by a french dinner." William Jewett, Vice-President for Financial Affairs.





"Mark Russel at the Shoreham."  
M. J. McCarthy, Director of Student Activities



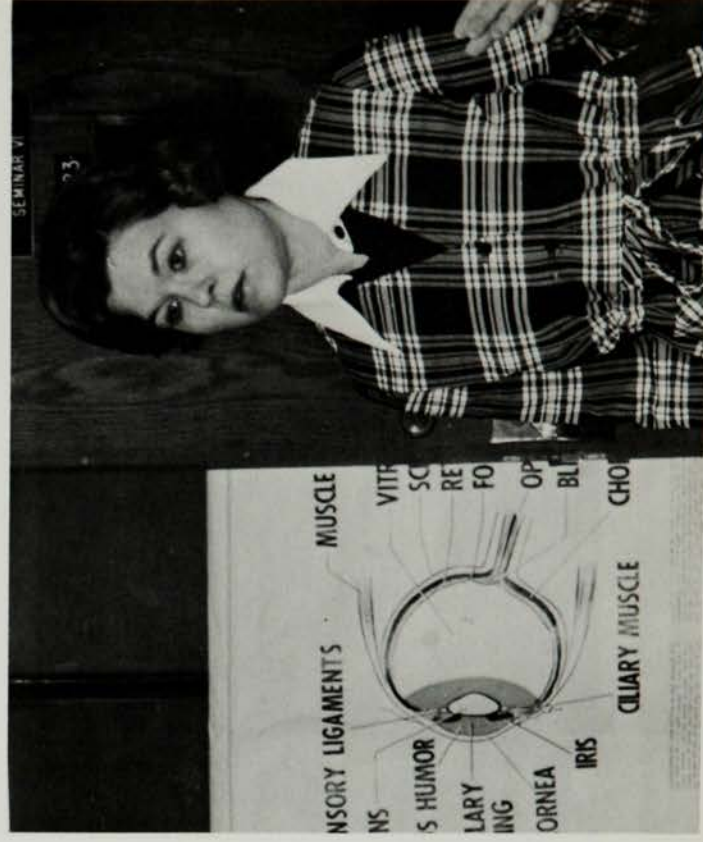
(from l. to r.)  
"friend's house for dinner, then to a movie." "an evening at someone's house." "out to a dinner after a concert." Admissions Office — Pam Underhill, Nancy Anderson, Andy Gibson

in Washington is . . . "

# "If Mount Vernon Went Co-ed, What Course Would You Teach . . ."



"Communications, Speech, or Theater."  
Julia D. Heflin, Speech/Theater



"Mrs. Blumfield's course in sex education!"  
Dianne S. Mathewson, Psychology





Paul R. Proteau, Biology

"Biology. It might stimulate some class discussions!"



"Ethics!"

Jeanette P. Moore, Registrar



"Spanish, English, or a foreign course."  
Maria F. Carroll, Spanish

# "My Favorite



"Jacqueline Onassis, because of her charm, dignity and grace, or Lady Bird Johnson."  
Kathleen Power, Director of Publications



"Mamie Eisenhower."  
Janyce Notopoulos, Director of Development



"Eleanor Roosevelt."  
Margaret Lerche, Political Science



"Rachel Jackson."  
Virginia Merchant, Sociology



First Lady Is . . . "

# "I Think Mount Vernon . . ."

"provides many unique opportunities for both students and faculty."  
Richard Ungerer, Director for Washington Learning Opportunities

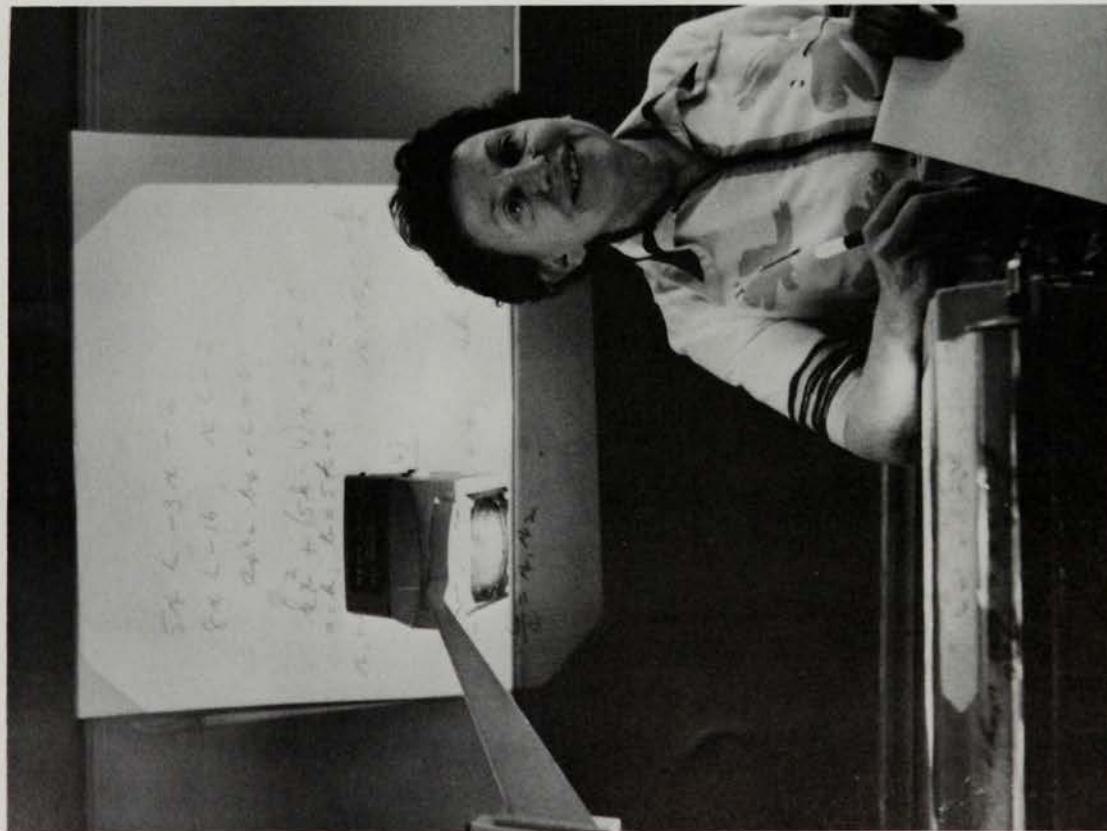


"is a fine school. What else can I say?"  
Helen Boyden, Housekeeper





"makes a student feel like an individual rather than an IBM card."



Emily Lampert, Mathematics

"should begin a BA in childhood education."

Ann Howard, Childhood Education



"should go co-ed."

Nancie Wright, Secretary to the President



# "What Makes Your

## Mouth Water . . ."

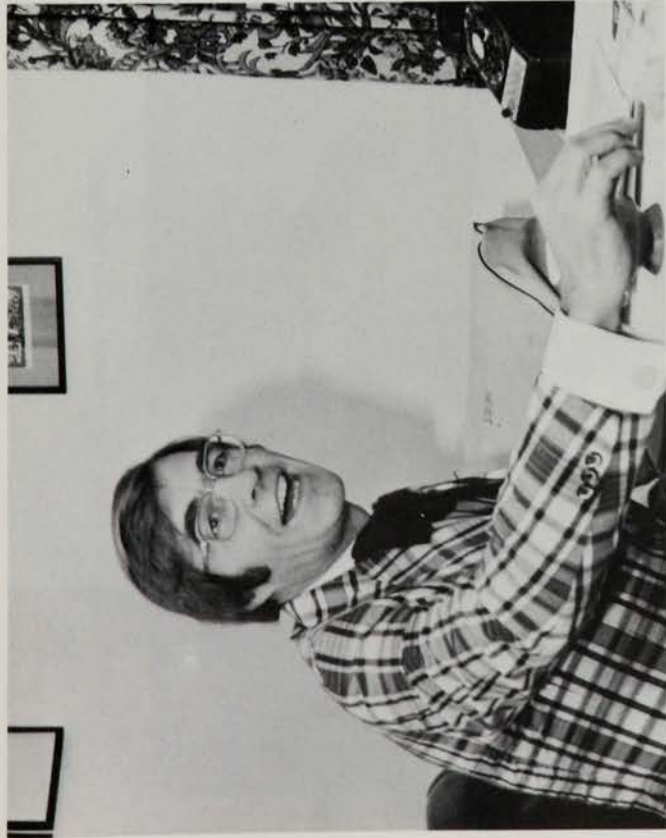


"roast beef, baked potato, salad w/blue cheese dressing."  
Cele Trudel, secretary



"lobster, baked potato and a big salad."  
Ann Page, Director of Alumnae Activities





"there's nothing like a good steak and artichokes."  
William Eckert, Dean of Academic Affairs



"10 pounds of pistachio nuts."  
Martha Bedner, Assistant to the President



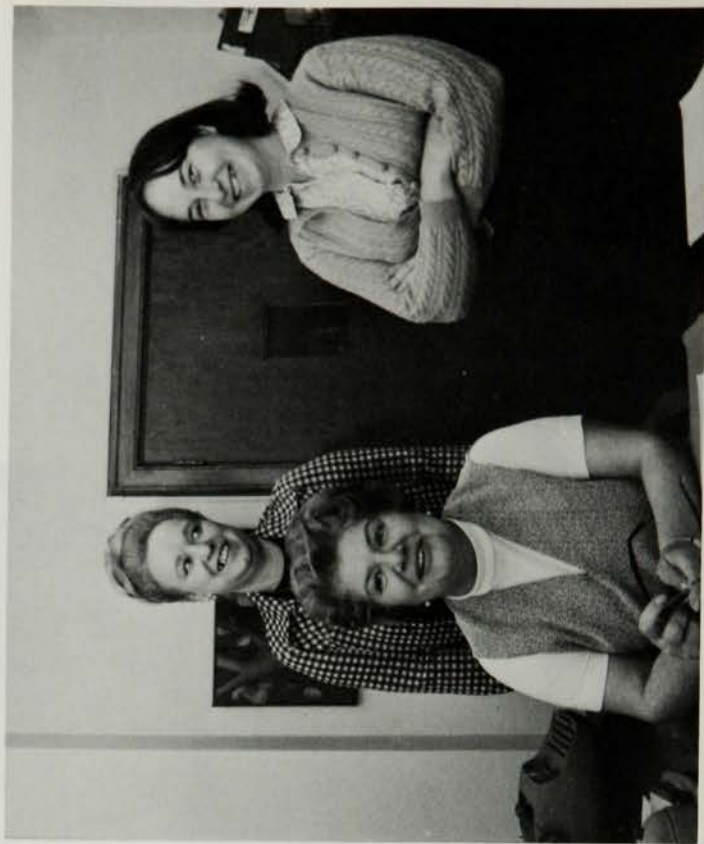
"coqavin"  
Yvonne Whitney, Academic Advisor

# "My Most Prized Possession

Is . . .



"my water-bed," John Gensor, Media Technician.



"health," Miss Copeland, Bursar  
 "health," Miss Burdette, Bookkeeper  
 "privacy," Miss Brown, Clerk/typist





"my eyes," Ed Zerme, Art



"I don't believe in possessions."  
Charlotte Resnick, Assistant to the Dean  
of Student Affairs



"my books, records, and my victorian rocker," Donna Pollet, Media Specialist for LRC  
"my guitar, plants, and cats," Mary Kasamatsu, Media Aide

# "What Would You Do if You

## Were President . . ."

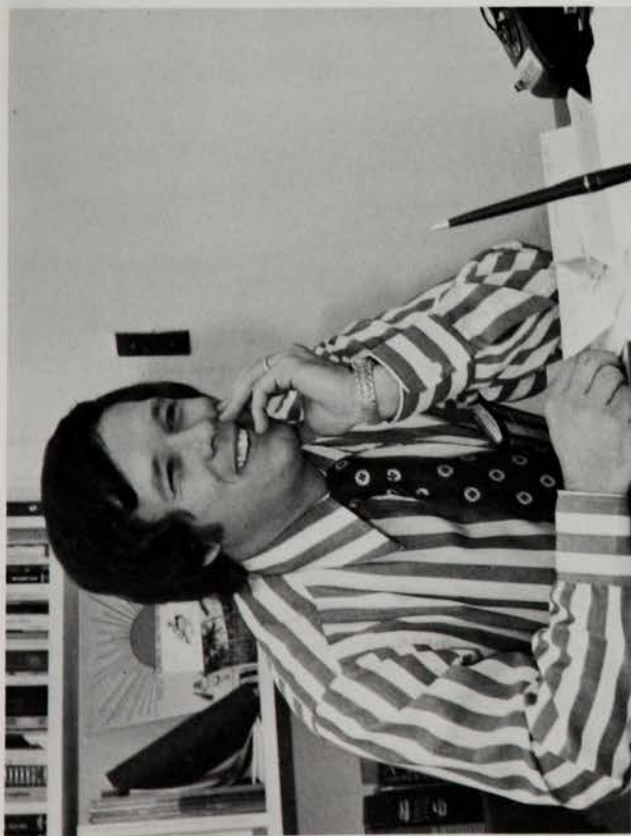
"re-decorate the office."  
Janice Beam, Manager/Globe Book Store



"give back some power to Congress."  
Kevin Sweeney, English







"resign"  
Tom McMahon, Director of Admissions



"establish an open administration"  
Jane Highsaw, Political Science

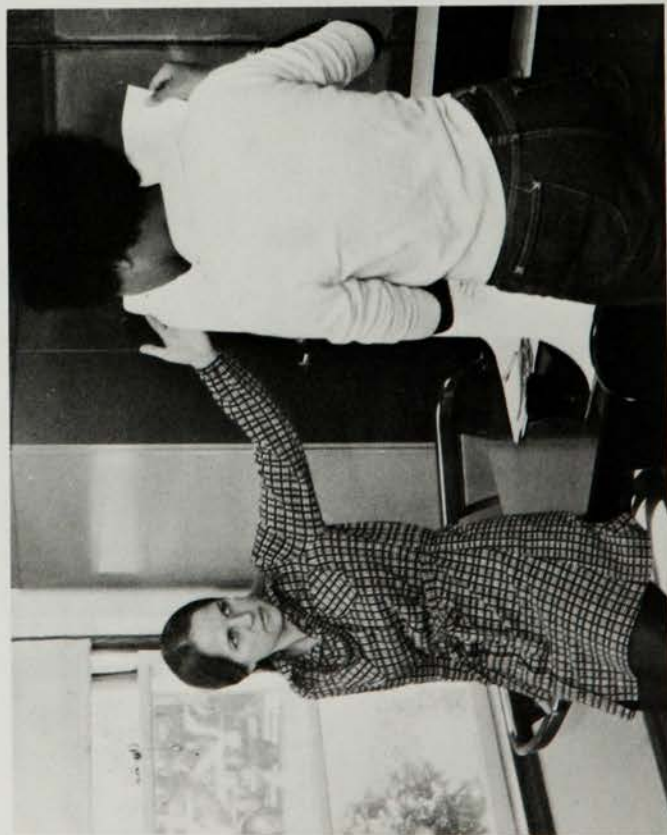


"make a strong pitch for women senators and congresspeople."  
Hanita Blumfield, Sociology/Anthropology

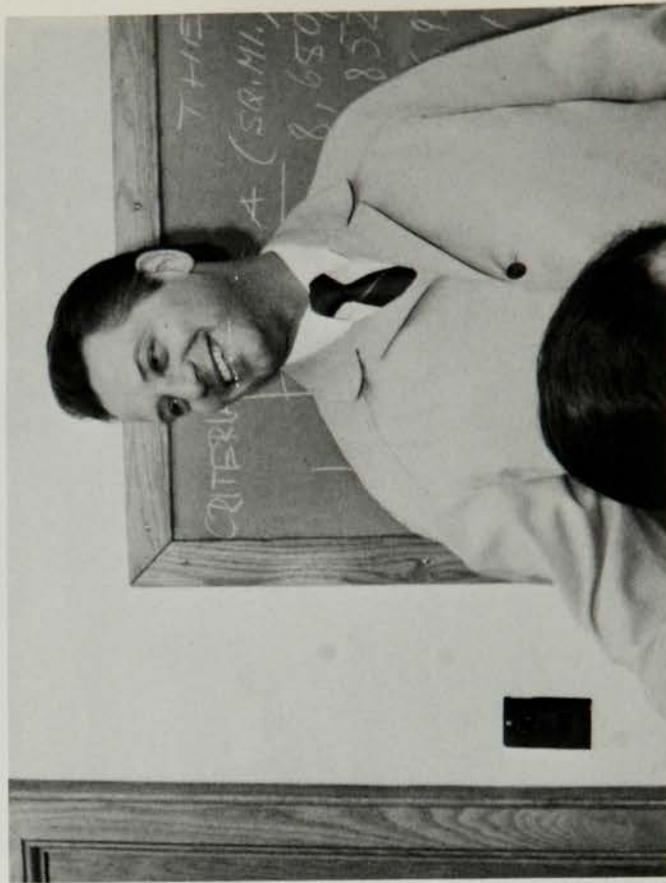
Ethel Peirce, English



Amy Greene, History



Gerhard Mally, Political Science





I Love you,  
Not only for what you are, . . .



But for what I am  
When I am with you. —  
Roy Croft

Genius is one percent inspiration  
and ninety-nine percent perspiration. —  
Albert Einstein



William Stemmler, Co-ordinator of Campus Services  
Cathy Shehadeh, Assistant Manager/Dining Room

# "Happiness is . . ."

"leaving Friday afternoon." Regina Reith, Faculty Secretary  
 "sleeping late," Taddy Fellowes, Clerical Assistant  
 "no drop-adds to schedules." Doris McNeil, Coordinator of Student Affairs



"visiting the Jefferson Memorial."  
 Sarah McGuiness, Development Office  
 "attending the Folger Library" Ellie Knap, Development office





Clubs, Activities, Sports, Dorms,  
Candidids, Varieties, Study Abroad,  
Directory, Ads, Etc... .

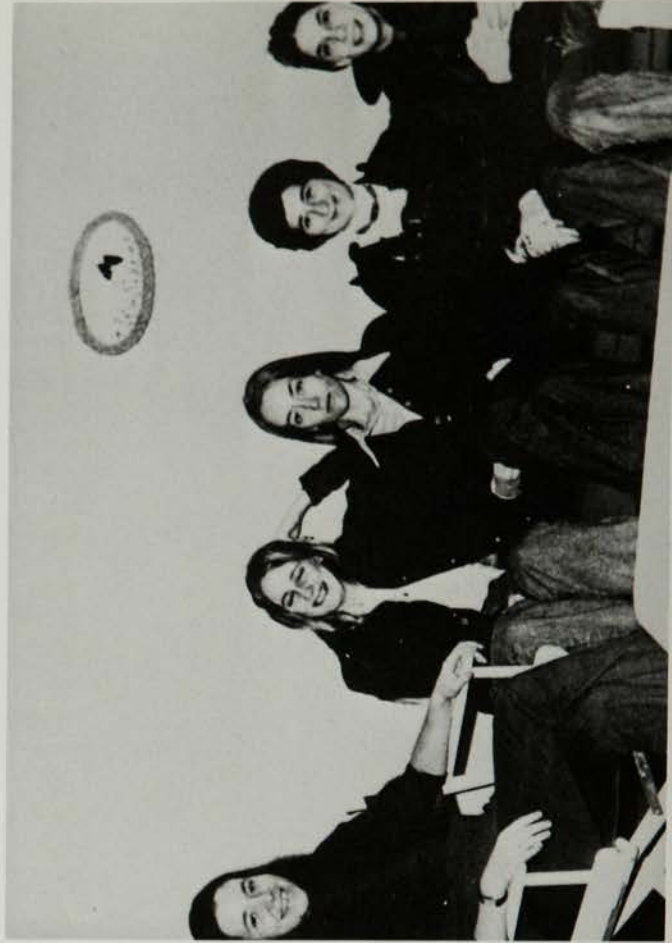
# Curtain Callers



Presidents — Gretchen Staak, Lisa McCoy  
 Suki Bryan, Marie Christiansen, Anne Cochran, Robin Crabtree, Ellie Edington, Joanne Fine, Kathy Hartman, Erika Heden, Sissie Holden, Cubbie Hollan, Mary Ann Kistler, Eris Loomis, Kate Martenson, Carol Miller, Marcie Mott, Susan Mott, Carol Owsley, Jan Phoenix, Julie Ridley, Allison Roscoe, Gina Schinasi, Alice Sherman, Farzana Shoaib, Lisa Smith, Phyllis Stillpass, Ellen Stone, Ellen Tafel, Laurel Taylor, Duffy Trantham, Thomasina Ulmer, Janie Waterworth  
 Director — Sarah McGuiness

# Vista

President — Donna Tanner  
 Cubby Hollan, Mary Genet, Heidi Brinig Hilre Hunt, Susie Gerrish





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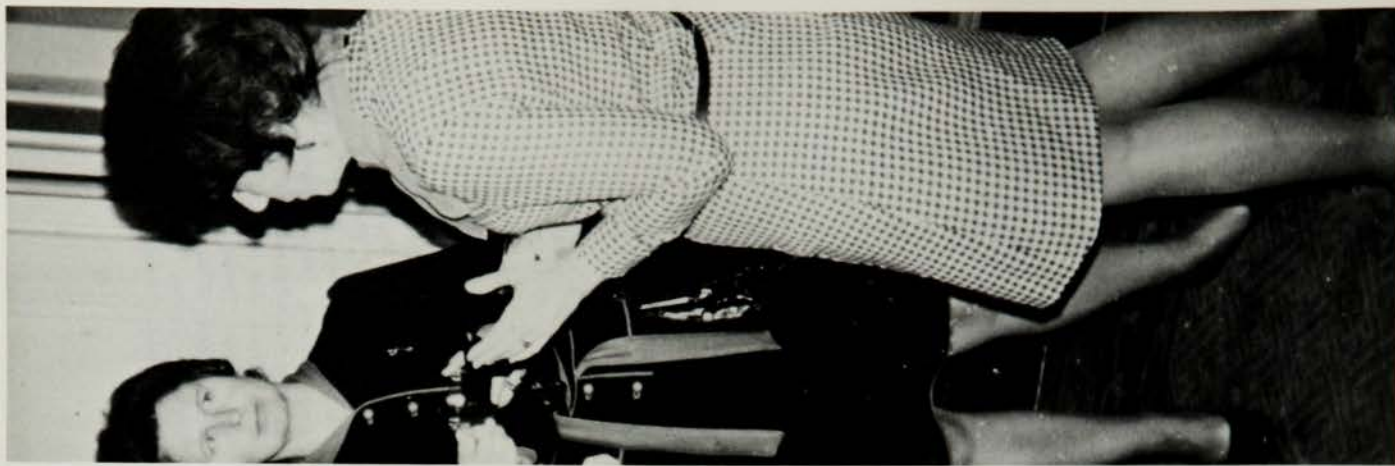


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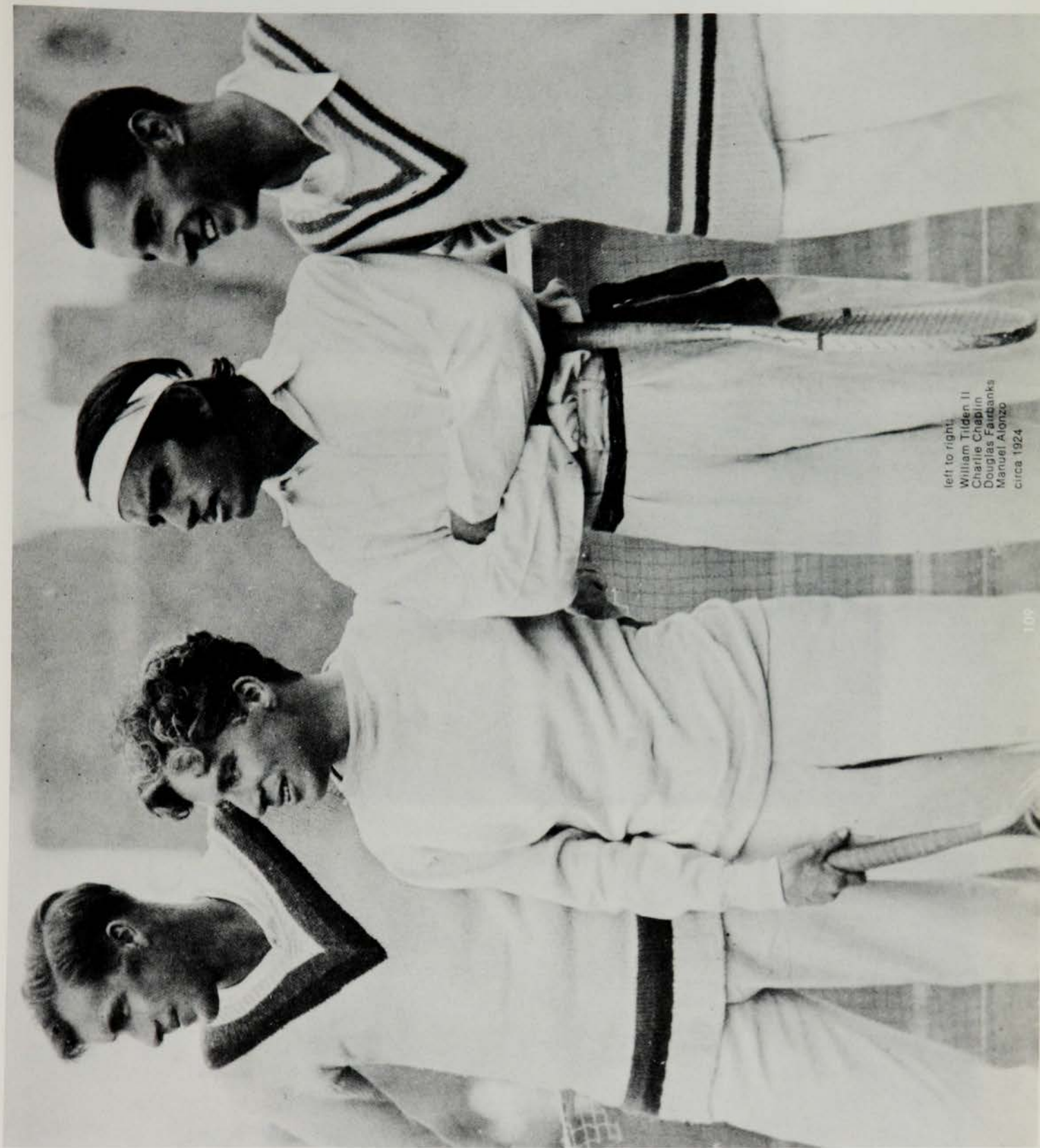


Katherine Johnson, Jane Brown, Francis Ulmer, Alice Sherman





# Nineteen Hundred and Seventy Four



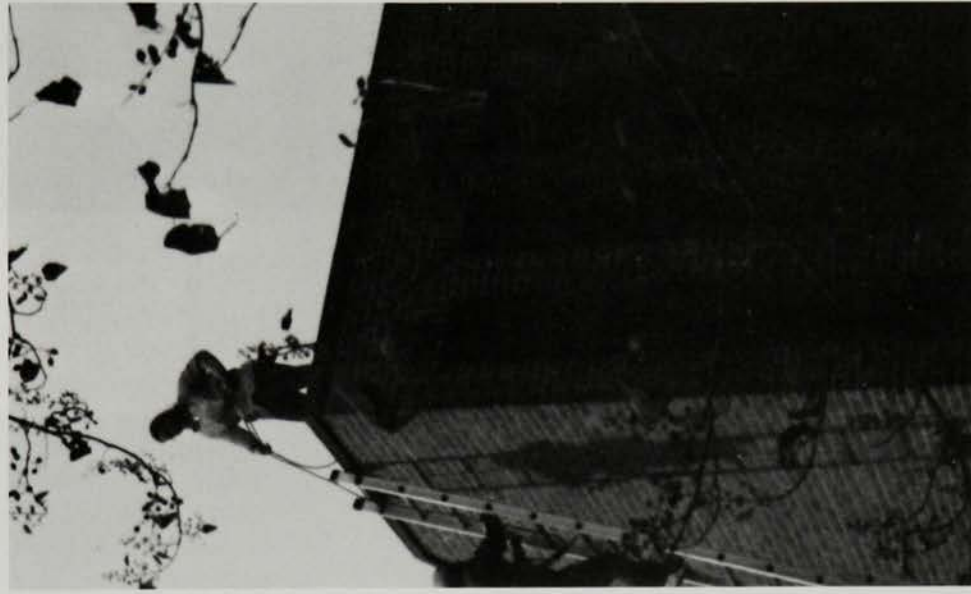
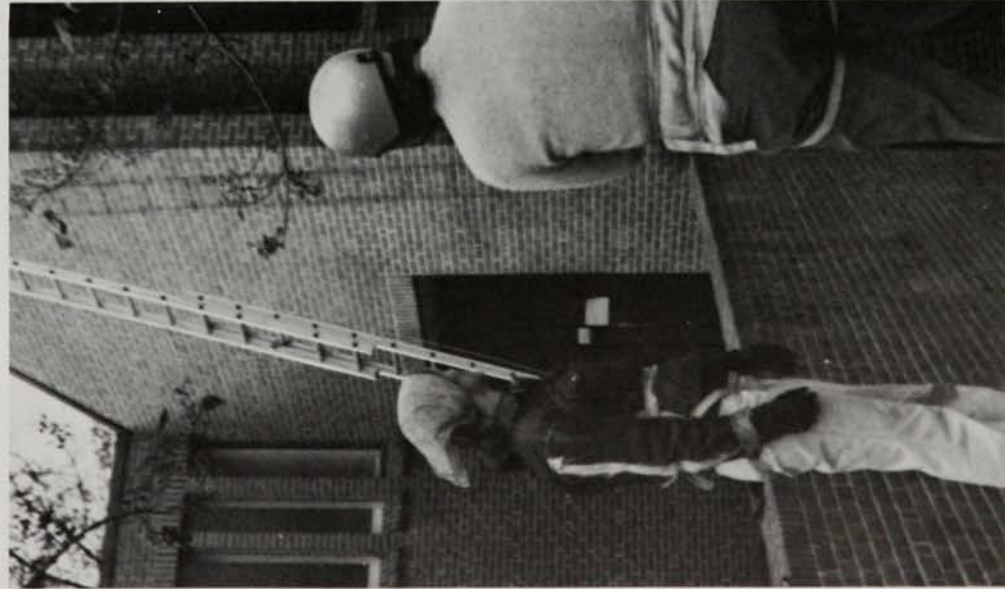
left to right:  
William Tilden II  
Charlie Chaplin  
Douglas Fairbanks  
Manuel Alonso  
circa 1924



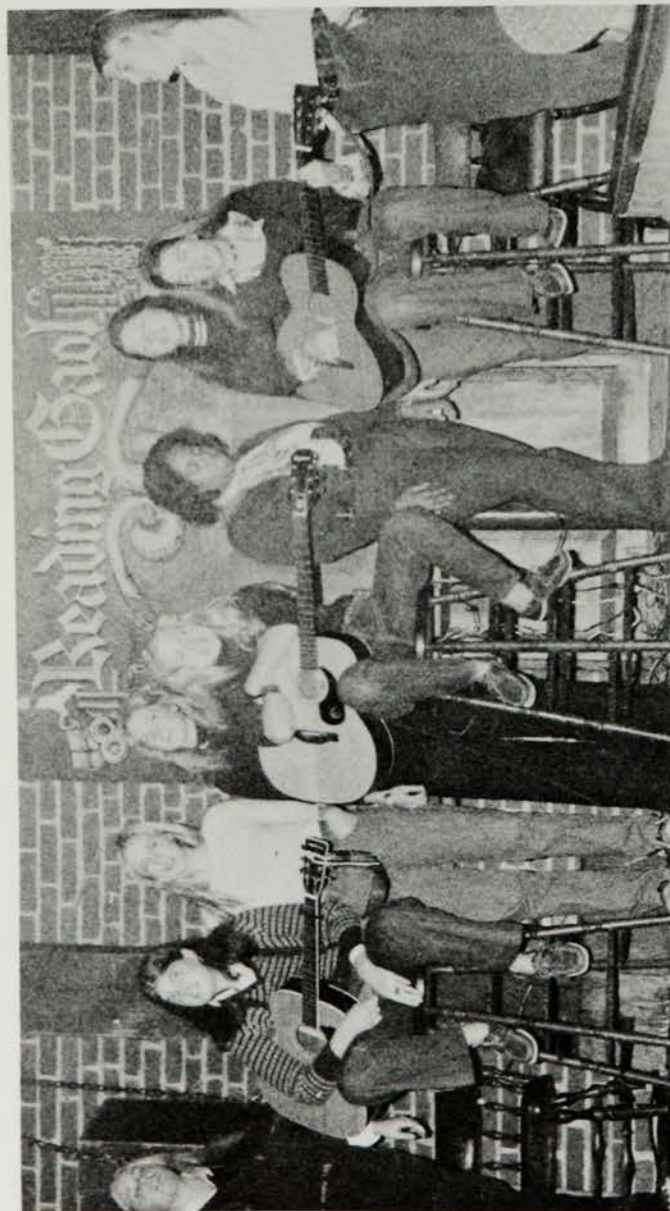
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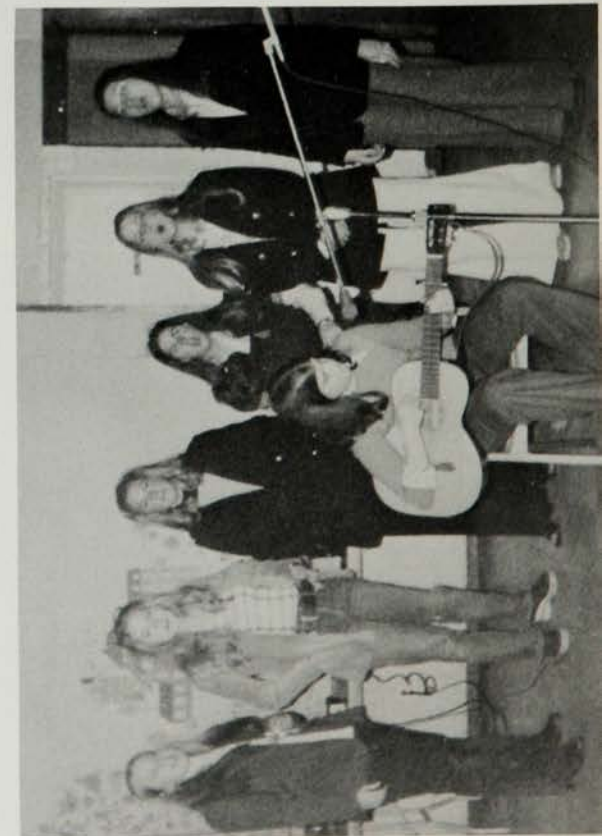
# D a y



# Travellers



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# Post Script

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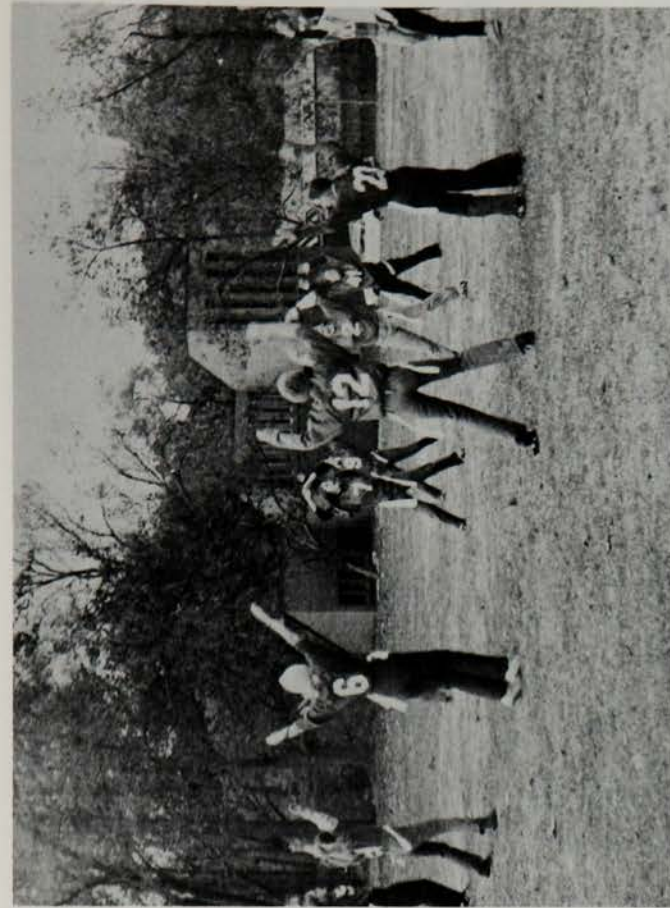


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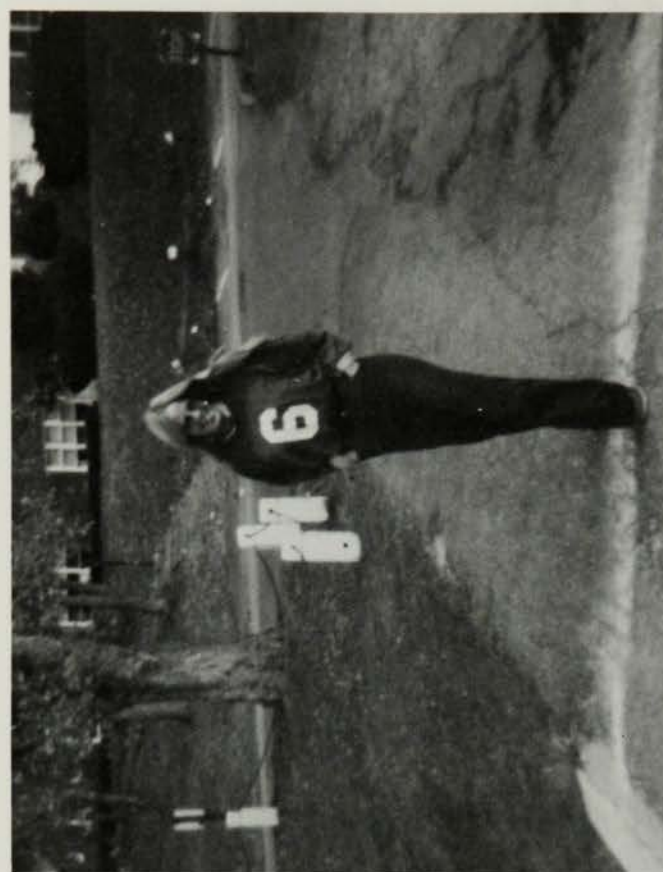
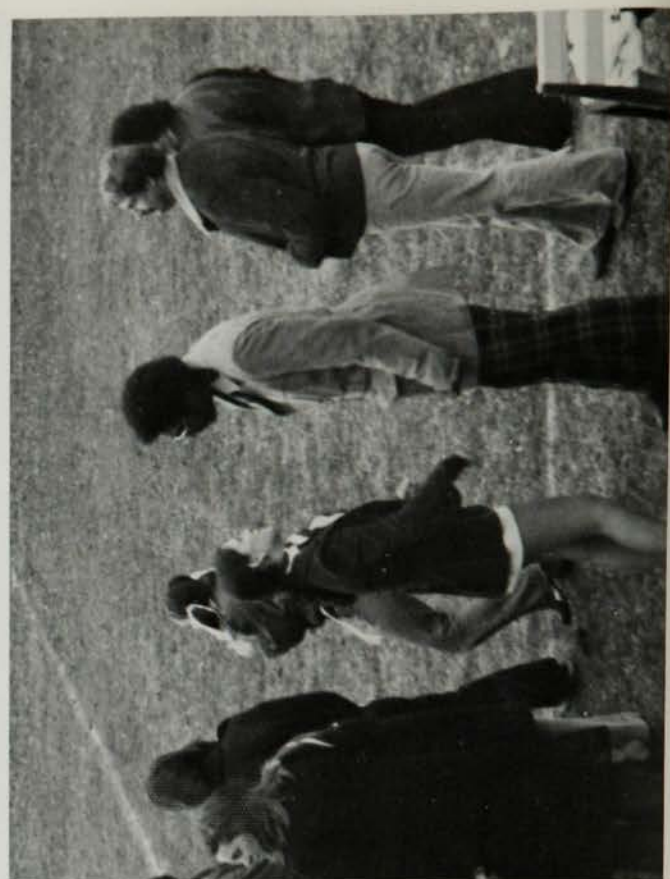




# First Annual Football Game



1973 marked the beginning of the annual Freshman-Sophomore Football Game. Tom McMahon coached the freshmen, Al Yurman headed the sophomores.







The deciding day arrived and there was a good turnout. It was a long, hard fight, but there was no doubt as to who the victors were. The Freshmen won by a whopping 19-0.





# Varieties

After a few meetings, it was decided to hold the traditional Varieties another year. This year it was a great success, despite the small number of sophomores that showed for the show. The name for the presentation was 'The Fairy Farm.'





## Social

President — Kristi Howard  
Vice President — Marcie Mott



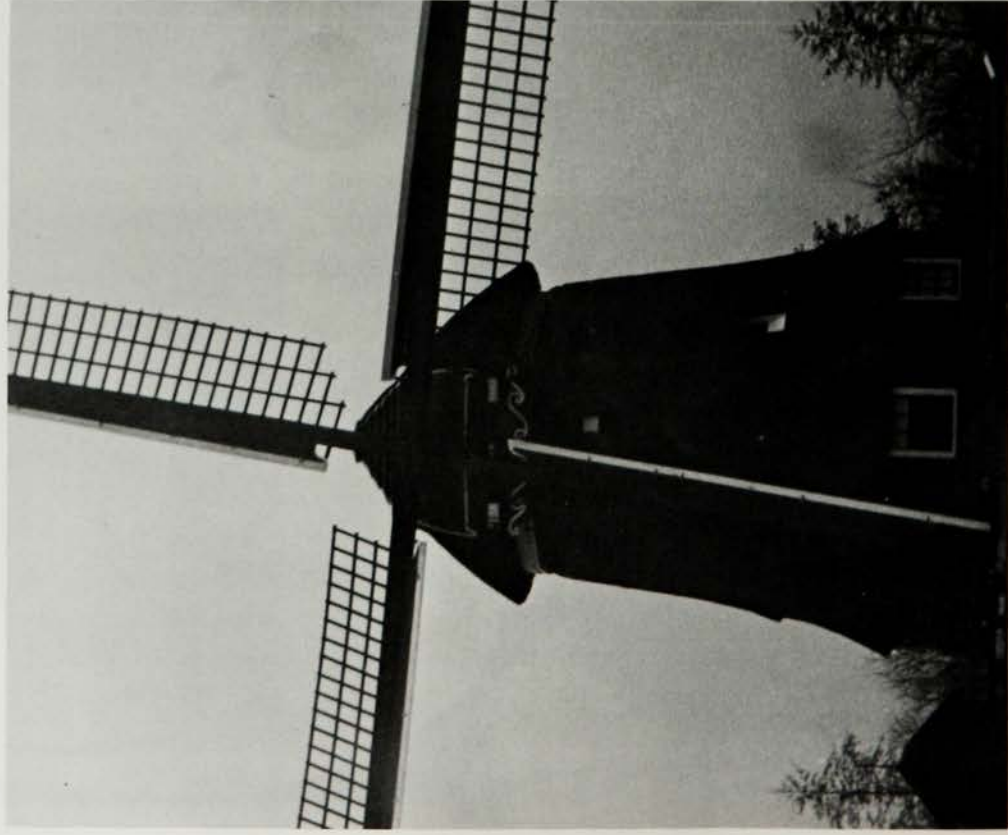
## League

Judy Lane, Cammie Pritchard, Lisa Dillworth, Ellen Tafel, Gretchen Staak, Dianne Sherman, Kathy Studt, Mary Szelewa, Debbie Rood, Marie Christiansen, Val Smith





# Study — Abroad in Amsterdam







Though we travel the world over to find the beautiful, we must carry it with us or we find it not. —  
Ralph Waldo Emerson









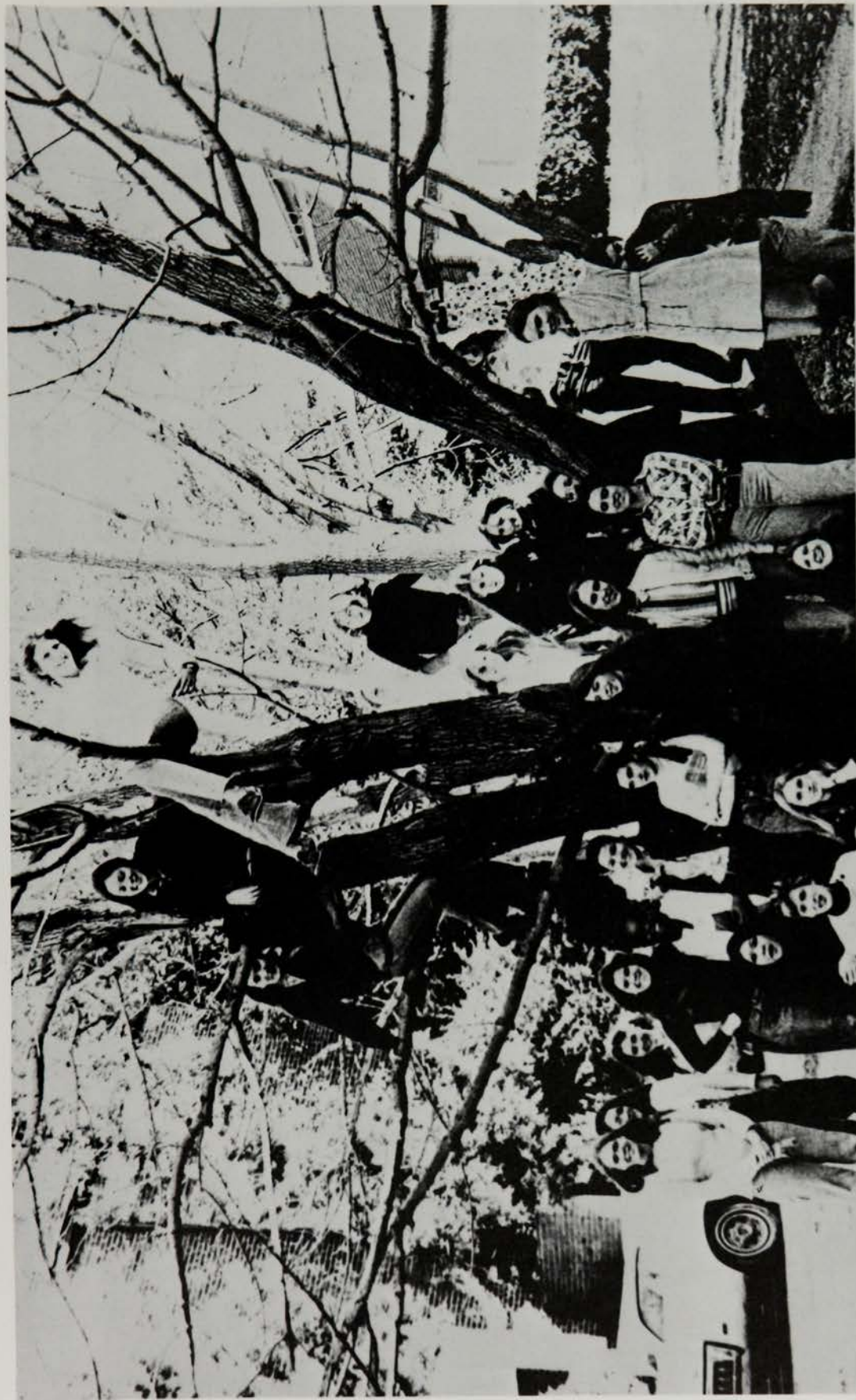
# Day Students



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President — Stella Cawley



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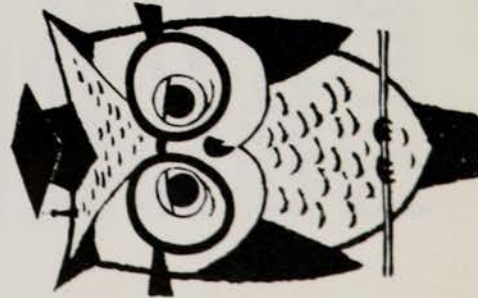












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